INNER CIRCLE: Circle of Confidentiality
List the people you trust and depend on the most

Who have you trusted and depended upon in an emergency?

EXEMPLARY:
- Yourself
- Family members
- Friends
- Spouse or children
- Brothers or sisters

CIRCLE 2: Circle of Relationships
List close friends/family you would want at a meeting to support you.

EXEMPLARY:
- Friends
- Neighbors
- Cousins, uncles or aunts
- Grandparents
- In-laws

CIRCLE 3: Circle of Community Involvement
List groups you belong to and places you like to go.

EXEMPLARY:
- Church
- YMCA, Boys/Girls Club
- Sports
- Community Activities
- Library

OUTER CIRCLE: Circle of Services
List all the people who provide services or work with you every day.

EXEMPLARY:
- Teacher/school
- Therapist/doctor
- Mentors/aids/volunteers
- Hairdresser
- Co-workers